

CONTENTS

Foreword to second edition / ix

Preface / xi

- 1 The cultural evolution of planetary collapse / 1
- 2 Are we *really* in planetary collapse? / 11
- 3 Are you saying humans are bad for the planet? / 21
- 4 Let's talk about regenerative design / 29
- 5 Design pathways for Earth regeneration / 37
- 6 Principles for creating regenerative economies / 49
- 7 Regeneration at territorial scales / 59
- 8 Design frameworks for holistic landscape management / 67
- 9 Hold the Blue Marble in your sight / 77
- 10 Let's talk about prosocial behavior / 83
- 11 Dealing with grief and trauma / 91
- 12 A network of regenerative bioregions / 99
- 13 The recipe for fundamentalist wars / 105
- 14 The elixir for our protection / 111

- 15** Our ancestors were all Indigenous / 117
- 16** Education for bioregional design / 123
- 17** The sneaky topic of carrying capacity / 131
- 18** The beautiful dance of death in ecology / 141
- 19** The Gaia Hypothesis for Earth Regeneration / 147
- 20** Bring the Amazon rainforest back to life? / 153
- 21** Safeguarding the Himalayan water supply / 163
- 22** Heal the beating heart of Africa / 171
- 23** A cautionary tale about entrenchment / 181
- 24** Making humanity worth keeping around / 193
- 25** What the design pathway might look like / 201
- 26** A regenerated Earth / 209

Afterword: The birth of Earth Regenerators / 213