

# A Year's Worth of Mentoring Activities

## 52 Ideas – One for Each Week of the Year

1. Set your mentoring goals together.
2. Tackle some homework.
3. Make dinner together.
4. Go out for dinner.
5. Make popcorn and talk.
6. Go to a movie or concert.
7. Go swimming or to the gym.
8. Shoot some hoops or play chess.
9. Go to the library.
10. Just hang out and go for a walk.
11. Figure out how to program your VCR, or learn how to fix a bike or car.
12. Learn about pop music.
13. Talk about life.
14. Give a tour of your current job (or visit your last place of employment).
15. Talk about your very first job.
16. Talk about planning a career.
17. Make a list of career possibilities.
18. Get together with your friends, or other mentor/mentee pairs.
19. Take tours of friends' jobs.
20. Visit a local technical school.
21. Visit a community college.
22. Talk about college.
23. Have your friends talk about college.
24. Sit in on some evening classes.
25. Work on applications together.
26. Explore financial aid options.
27. Work on a resume.
28. Talk about dressing for success.
29. Do a pretend job interview.
30. Talk about how to look for a job.
31. Talk about where to find a job.
32. Find a summer job.
33. Set up a work internship.
34. Talk about networking.
35. Talk about what it takes to get ahead.
36. Talk about health insurance.
37. Talk about taxes.
38. Talk about choices in living a balanced life.
39. Talk about balancing a checkbook and making a budget.
40. Talk about living within one's means.
41. Talk about credit cards.
42. Go bargain hunting.
43. Plan a week's worth of meals.
44. Do a week's grocery shopping together.
45. Take care of some home repairs.
46. Go holiday shopping.
47. Visit a sick or frail friend.
48. Go to a house of worship, or try another spiritual practice like meditating.
49. Write "thank you" notes.
50. Talk about relationships.
51. Talk about personal values.
52. Talk about the future.

Based on a list developed by the National Mentoring Partnership